

2010

MCCA State Stunt Group Competition Information

For the fourth year, the State Cheerleading Competition will allow groups of cheerleaders to display their best stunting skills whether or not their school competes as a team at the State Competition.

Who is eligible? Any MCCA Member coach can register their cheerleaders for the State Stunt Group Competition. You do not need to be on or have a competition squad to participate. **Each school may have as many stunt groups as they want, but each cheerleader is only allowed to participate on one stunt team.** (NOTE: Cheerleaders can participate in two stunt groups if one is a school team and one is an all-star team.)

What is it? A small group competition, where up to 5 people perform a one-minute routine to music. The routine represents a continuous flow of stunts.

When and where will it take place? It will take place during the Second Session of the State Cheerleading Competition on Saturday, January 30th, 2010 at Roy Wilkins Auditorium, St. Paul.

How much does it cost? \$35 per stunt group

Rules/Guidelines:

- Stunt group members do not have to compete on a team at the State Competition.
- Teams can have up to 5 people and may be any combination of males and/or females. (This does include spotters)
- Participants are only allowed to participate on one stunt team unless one is a school team and the other is all-star.
- Substitutions are allowed as long as a waiver form is submitted and they are not in another stunt group.
- Everyone must start with both feet on the ground.
- Bases and flyers may switch positions as long as it is the same group of people involved.
- Tumbling into a stunt will be permitted as long as it does not violate rules.
- No other tumbling will be allowed. **This is a stunt competition.**
- There will be no leading of cheers, jumps, or dance.
- School teams will follow the UCA/AACCA rules
- The MCCA Technical/Safety score sheet will be used for all stunt groups.
- **The time limit is One Minute.**
- Stunt groups will be given 2 minute marking/warm-up times that follow the same flow prior to performance as the teams.

Divisions:

Elementary/Junior High – a group of participants in 9th grade or below and who are part of their middle school/junior high team or part of a recreational squad.

Junior Varsity - a group of participants who are on a Junior Varsity Team for their school. All team members must be in 7th – 12th grade in this division.

Varsity – a group of participants who are on a Varsity Team for their school. All team members must be in 7th-12th grade in this division.